



# Owasippe 2026 Menu Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	English Muffin Sandwich Fried Egg Patty Sliced American Cheese Sausage Patty Diced Potatoes Coffee Cake  <b>Bar Options:</b> Oatmeal Yogurt Hand Fruit Cereal Coffee, Milk, Juice, Water	French Toast Sticks Sausage Links Cantaloupe Chunks  <b>Bar Options:</b> Oatmeal Yogurt Hand Fruit Cereal Coffee, Milk, Juice, Water	Scrambled Eggs Sausage Gravy Biscuit Seasoned Diced Potatoes  <b>Bar Options:</b> Oatmeal Yogurt Hand Fruit Cereal Coffee, Milk, Juice, Water	Waffles Bacon Cantaloupe Chunks  <b>Bar Options:</b> Oatmeal Yogurt Hand Fruit Cereal Coffee, Milk, Juice, Water	Cheesy Scrambled Eggs 6" Flour Tortilla Salsa Diced Potatoes Smoked Sausage  <b>Bar Options:</b> Oatmeal Yogurt Hand Fruit Cereal Coffee, Milk, Juice, Water	<b>Grab &amp; Go</b> Mini Cinnamon Bagels Mini Muffins Yogurt Cup Hand Fruit  Milk Juice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
	Chicken Tenders Potato Wedges  Chocolate Chip Cookie  <b>Bar Options:</b> Cream of Broccoli Soup Crackers  Salad Bar Cowboy Salsa Hand Fruit Milk & Water	Chili Dog Macaroni & Cheese  Banana Pudding  <b>Bar Options:</b> Garden Vegetable Soup Crackers  Salad Bar Macaroni Salad Hand Fruit Milk & Water	Chicken Alfredo Roasted Broccoli Breadstick  M&M Cookie  <b>Bar Options:</b> Cream of Potato Soup Crackers  Salad Bar Italian Pasta Salad Hand Fruit Milk & Water	Hamburger w/ Bun Baked Beans  Rice Krispy Treat  <b>Bar Options:</b> Chicken Noodle Soup Crackers  Salad Bar Potato Salad Hand Fruit Milk & Water <b>Leader Cookout</b>	Sausage Penne Pasta Green Beans Breadstick  Sugar Cookie  <b>Bar Options:</b> Black Bean Soup Crackers  Salad Bar Ranch Pasta Salad Hand Fruit Milk & Water	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Parm Spaghetti & Marinara California Blend Garlic French Bread  Peach Cobbler  <b>Bar Options:</b> Mexican Rice & Beans  Salad Bar Hand Fruit Punch, Milk, Water	Country Fried Steak Mashed Potatoes/Gravy Carrots Dinner Roll  Apple Turnover  <b>Bar Options:</b> Baked Potato Bar  Salad Bar Hand Fruit Punch, Milk, Water	Beef Tacos w/ Tortillas Spanish Rice Corn Taco Fixings  Funfetti Cake  <b>Bar Options:</b> Nacho Bar  Salad Bar Hand Fruit Punch, Milk, Water	<b>County Fair</b> Pulled Pork w/ Bun Corn Cobette Tater Tots Coleslaw Sliced Watermelon  Brownie  Punch & Water	<b>Site Night</b> Chicken Foil Dinner Dinner Roll w/ Butter Tossed Salad  Dirt Pudding  Punch	Mandarin Orange Chicken Rice Roasted Broccoli Fortune Cookie Homestyle Dinner Roll  White Cake w/ Chocolate Icing  <b>Bar Options:</b> Penne & Marinara  Salad Bar Hand Fruit Punch, Milk, Water	

Jara Bauer RD, LD