

CLIMBING & RAPPELLING INSTRUCTOR TRAINING

Requirements for Course:

Current BSA Annual Health and Medical Record Form

Requirements to Become a BSA Climbing and Rappelling Instructor:

Staying overnight at Camp Lakota is not required, but cabins will be available for those who wish to spend the night. Tent camping is also available.

Instructor in Training: ages 16 and 17

Level 1: ages 18 to 21

Level 2: Over 21

This course is a site-specific training course. This course will cover operations at the Camp Lakota climbing tower. A successful candidate will be able to:

- Explain the purpose of a climbing/rappelling program and discuss how it relates to the aims and methods of Scouting and the personal development of participants.
- Describe the responsibilities that a BSA climbing instructor must assume before, during, and after the use of a climbing or rappelling site.
- Demonstrate mastery of belaying, climbing, rappelling, spotting, and any other activities the instructor will teach and oversee.
- Know how to inspect, use, store, and retire each piece of equipment used for climbing and rappelling.
- Know climbing and rappelling knots and hitches.
- Prepare the Camp Lakota climbing tower for climbing and rappelling activities.
- Conduct climbing and rappelling activities at the Camp Lakota climbing tower.

LEVEL 1, LEVEL 2, & INSTRUCTOR IN TRAINING

Class Consists of 2 weekends.

APRIL 7-8 & MAY 5-6

PARTICIPANTS MUST BE PRESENT FOR ALL DAYS TO BE QUALIFIED.

LOCATION

2050 Deep Cut Road | Woodstock, IL 60098

CLASSES FREE

EMAIL STEVE HOOVER TO REGISTER.

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Staying over night at Camp Lakota is not required, but cabins will be available for those who wish to spend the night.

Tent camping is also available.

Meals are not provided.

The level 1 course is meant to be a site specific training course. This course will cover operations at the Camp Lakota climbing tower. A successful candidate will be able to:

- Explain the purpose of a climbing/rappelling program and discuss how it relates to the aims and methods of Scouting and the personal development of participants.
- Describe the responsibilities that a BSA climbing instructor must assume before, during, and after the use of a climbing or rappelling site.
- Demonstrate mastery of belaying, climbing, rappelling, spotting, and any other activities the instructor will teach and oversee.
- Know how to inspect, use, store, and retire each piece of equipment used for climbing and rappelling.
- Know climbing and rappelling knots and hitches.
- Prepare the Camp Lakota climbing tower for climbing and rappelling activities.
- Conclude climbing and rappelling activities at the Camp Lakota climbing tower

The level 2 course is meant to be a non-site specific training course. This course will cover general operations of a climbing program. The level 2 course builds on the principals learned in the level 1 course. In addition to the objectives listed above, a successful candidate will be able to:

- Demonstrate an understanding of anchoring systems in natural areas.
- Demonstrate the safety, first aid, and rescue procedures used for climbing and rappelling.
- Demonstrate rescue procedures including: Locking off, Prusiks, Pulley systems.
- Know additional climbing and rappelling knots and hitches.
- Lead a group through a climbing and rappelling experience.

